

## PAST ACTIVITIES

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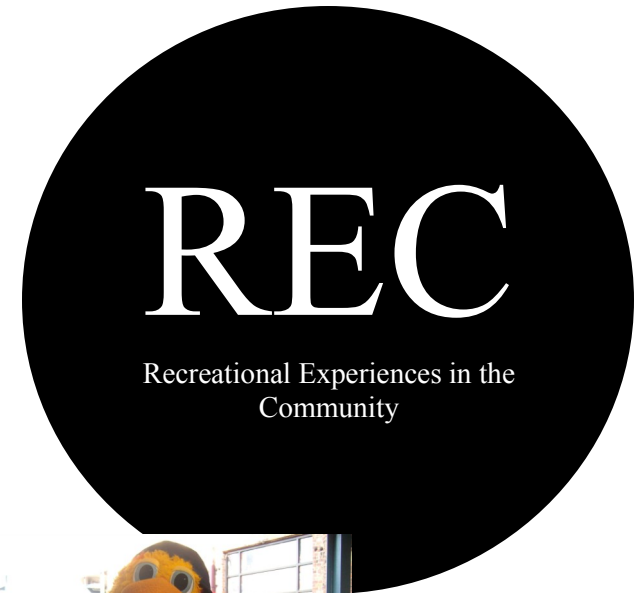
CAMPING  
SWIMMING  
CEDAR POINT  
DRAMA CLUB  
PUT IN BAY  
HOCKEY GAMES  
GLOBETROTTERS GAME  
OSDA CONFERENCE  
PHOTO CLUB  
CANOEING  
HORSE CAMP  
RODEO  
ZOO  
BOWLING  
AFRICAN SAFARI  
PLAYS  
BASEBALL GAMES  
BASKETBALL  
VOLLEYBALL  
KICKBALL  
GAME NIGHT  
MOVIES  
KARAOKE  
FOOTBALL GAMES  
LUNCH BUNCH  
PAINTING POTTERY  
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Board of DD  
REC

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## REC PROGRAM

The REC program provides a variety of activities that focus on exploring the community and surrounding areas, being more active, making friends, and having fun!!!

We have many different activities to fit all types of wants and needs. Transportation is provided for the majority of our activities. Activities are scheduled at a variety of times (including day, evening, weekend, and overnight).

Costs vary based upon activity (including prices to fit anyone's budget). For an up to date calendar and newsletter with activity details... Give us a call!

(567) 262-3119

### Specialized groups within

#### REC include:

**Seniors**-The Seniors program is for people age 55 and up or who have seniors like tendencies. This group usually meets once a week. The senior group provides an opportunity to visit with friends and have input in the groups outing schedule. As a group, the seniors get together to preplan the next 3 or 4 months of activities.



**Young Adults Club (YAC)**- A group started for young adult (ages 18-29). The YAC meets once a month. This group provides an opportunity to hang out with friends and to have a say in the planning process. The YAC meets twice a year to plan out the future 6 months of activities.

**My Day**- My day is for people without a provider, who would like to spend some one on one time doing their favorite activities. A REC staff member will pick up the person for one on one time (It's their day so they pick the activities). Call to schedule a day!