

For the RECOrd

Recreational Experiences In the Community Newsletter

Ottawa County Board of DD

January and February 2019

Self-Advocacy

OCBDD would like to thank Pathway Inclusion Center for such a wonderful year of presentations. Without their help, the presentations on self-advocacy, budgeting, internet safety, and cooking would have never happened! We look forward to working with them in the future. Also, HUGE thanks to Chef Stacy from Bistro 163 for all of her time and hard work to make "Getting Comfy in the Kitchen" such a great success.

The SASSY Holiday Party will be held on December 18th from 5-7pm at the county board office. Please bring a side dish to share!

The January SASSY meeting will be a presentation from the Health Department on staying healthy during cold and flu season. Our February meeting will be a regular meeting to discuss what 2019 has in store for the group.

If you have any questions or would like to learn more about self-advocacy contact Carrie.

Let the Fun Begin!

Bear with us while we work out some kinks, but we are going to try to go back to choosing THREE activities to sign up for!

Please keep in mind that this does NOT mean you HAVE to choose three. If you don't have the time or money, sign up for what you can and what you want to do the most!

We're looking into a lot of low-cost activities and volunteer experiences as well, so keep an eye on the sign up sheet for those options! Hope you're all excited about this change!

Movie Club

As a reminder, our Movie Club is **IN ADDITION TO** your other activities. You can pick your three activities **AND** pick one or both movies!

On the activity sheet, there's a sign up if you'd like to join. You do not have to attend every month. Just sign up for the movies that interest you. REC **WILL** provide rides. Feel free to bring snacks to enjoy!

If you have any questions, please call a REC staff team member!

Dates to Remember

November 27th
SASSY Community Employment Presentation

December 5th
Activity Sign Ups Due!

December 18th
SASSY Holiday Party

December 22nd – January 1st
OCBDD CLOSED

January 21st
OCBDD CLOSED

January 29th
SASSY Staying Healthy During Cold and Flu Season Presentation

February 1st
Track and Field Sign Ups Due!

February 14th
Valentine's Day

February 18th
OCBDD CLOSED

February 26th
SASSY Meeting

Contact Information



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Developmental Disabilities

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Basketball

The 2018-2019 Special Olympics Basketball season is about to begin! The team will begin practices at the end of November to prepare for a full season of games.

Want to come root on the Ottawa County Rockets? You can catch them in action on the following nights:

January 3rd	6:00	Home vs Lucas County
January 8th	6:00	Home vs Sandusky County
January 10th	6:30	Away @ Henry County
January 14th	6:00	Away @ Lucas County
January 17th	6:00	Home vs Huron County
January 24th	6:00	Home vs Henry County
January 28th	6:00	Away @ Huron County
February 4th	6:00	Away @ Lucas County
February 12th	7:15	Away @ Sandusky County

All home games are held at Red Horse Gymnasium at Camp Perry. Contact Carrie or Ray for addresses or directions to away games. LET'S GO ROCKETS!

Track and Field

It's hard to believe that track and field season is approaching! If you are interested in participating, please contact Carrie or Ray. Once we get details figured out, we will mail out practice schedules. Deadline to sign up is February 1st!

Keep in mind, you MUST have a current physical in order to participate in the 2019 season.

Calendar Event Symbols



Ohio Self-Determination Association (OSDA)- This training is held at Fort Ball Pizza and is limited for participation. Cost is less than \$10. If you're interested, contact Carrie.



Join the Ottawa County self-advocacy group! SASSY (Self-Advocates Sayin' Something, YEAH!) meets the last Tuesday of every month from 5-6pm at OCBDD (235 N. Toussaint S. Rd, Oak Harbor). Our January meeting is a presentation from the Health Department. February is a typical meeting to discuss plans for 2019!



Special Olympics Basketball is in full swing by January and February! For a detailed schedule, contact the REC staff.